

Gulp Adventures On The Alimentary Canal Mary Roach

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Stiff: The Curious Lives of Human Cadavers - Mary Roach
2004-05-17

Beloved, best-selling science writer Mary Roach's "acutely entertaining, morbidly fascinating" (Susan Adams, Forbes) classic, now with a new epilogue. For two thousand years, cadavers - some willingly, some unwittingly - have been involved in science's boldest strides and weirdest undertakings. They've tested France's first guillotines, ridden the NASA Space Shuttle, been crucified in a Parisian laboratory to test the authenticity of the Shroud of Turin, and helped solve the mystery of TWA Flight 800. For every new surgical procedure, from heart transplants to gender confirmation surgery, cadavers have helped make history in their quiet way. "Delightful—though never disrespectful" (Les Simpson, Time Out New York), Stiff investigates the strange lives of our bodies postmortem and answers the question: What should we do after we die? "This quirky, funny read offers perspective and insight about life, death and the medical profession. . . . You can close this book with an appreciation of the miracle that the human body really is." —Tara Parker-Pope, Wall Street Journal "Gross, educational, and unexpectedly sidesplitting." —Entertainment Weekly

Grunt: The Curious Science of Humans at War - Mary Roach
2016-06-07

A New York Times / National Bestseller "America's funniest science writer" (Washington Post) Mary Roach explores the science of keeping human beings intact, awake, sane, uninfected, and uninfested in the bizarre and extreme circumstances of war. Grunt tackles the science behind some of a soldier's most challenging adversaries—panic, exhaustion, heat, noise—and introduces us to the scientists who seek to conquer them. Mary Roach dodges hostile fire with the U.S. Marine Corps Paintball Team as part of a study on hearing loss and survivability in combat. She visits the fashion design studio of U.S. Army Natick Labs and learns why a zipper is a problem for a sniper. She visits a repurposed movie studio where amputee actors help prepare Marine Corps medics for the shock and gore of combat wounds. At Camp Lemmonier, Djibouti, in east Africa, we learn how diarrhea can be a threat to national security. Roach samples caffeinated meat, sniffs an archival sample of a World War II stink bomb, and stays up all night with the crew tending the missiles on the nuclear submarine USS Tennessee. She answers questions not found in any other book on the military: Why is DARPA interested in ducks? How is a wedding gown like a bomb suit? Why are shrimp more dangerous to sailors than sharks? Take a tour of duty with Roach, and you'll never see our nation's defenders in the same way again.

How the Mind Works - Steven Pinker 2009-06-02

An assessment of human thought and behavior explores conundrums from the mind's ability to perceive three dimensions to the nature of consciousness, in an account that draws on beliefs in cognitive science and evolutionary biology.

This Explains Everything - John Brockman 2013-01-22

Drawn from the cutting-edge frontiers of science, This Explains Everything will revolutionize your understanding of the world. What is your favorite deep, elegant, or beautiful explanation? This is the question John Brockman, publisher of Edge.org ("The world's smartest website"—The Guardian), posed to the world's most influential minds. Flowing from the horizons of physics, economics, psychology, neuroscience, and more, This Explains Everything presents 150 of the most surprising and brilliant theories of the way of our minds, societies, and universe work. Jared Diamond on biological electricity • Nassim Nicholas Taleb on positive stress • Steven Pinker on the deep genetic roots of human conflict • Richard Dawkins on pattern recognition •

Nobel Prize-winning physicist Frank Wilczek on simplicity • Lisa Randall on the Higgs mechanism • BRIAN Eno on the limits of intuition • Richard Thaler on the power of commitment • V. S. Ramachandran on the "neural code" of consciousness • Nobel Prize winner ERIC KANDEL on the power of psychotherapy • Mihaly Csikszentmihalyi on "Lord Acton's Dictum" • Lawrence M. Krauss on the unification of electricity and magnetism • plus contributions by Martin J. Rees • Kevin Kelly • Clay Shirky • Daniel C. Dennett • Sherry Turkle • Philip Zimbardo • Lee Smolin • Rebecca Newberger Goldstein • Seth Lloyd • Stewart Brand • George Dyson • Matt Ridley

Gulp: Adventures on the Alimentary Canal - Mary Roach 2014-04

The humorous science writer offers a tour of the human digestive system, explaining why the stomach doesn't digest itself and whether constipation can kill you.

Traffic - Tom Vanderbilt 2009-08-11

Driving is a fact of life. We are all spending more and more time on the road, and traffic is an issue we face everyday. This book will make you think about it in a whole new light. We have always had a passion for cars and driving. Now Traffic offers us an exceptionally rich understanding of that passion. Vanderbilt explains why traffic jams form, outlines the unintended consequences of our attempts to engineer safety and even identifies the most common mistakes drivers make in parking lots. Based on exhaustive research and interviews with driving experts and traffic officials around the globe, Traffic gets under the hood of the quotidian activity of driving to uncover the surprisingly complex web of physical, psychological and technical factors that explain how traffic works.

If Our Bodies Could Talk - James Hamblin 2016-12-27

"If you want to understand the strange workings of the human body, and the future of medicine, you must read this illuminating, engaging book." —Siddhartha Mukherjee, author of The Gene In 2014, James Hamblin launched a series of videos for The Atlantic called "If Our Bodies Could Talk." With it, the doctor-turned-journalist established himself as a seriously entertaining authority in the field of health. Now, in illuminating and genuinely funny prose, Hamblin explores the human stories behind health questions that never seem to go away—and which tend to be mischaracterized and oversimplified by marketing and news media. He covers topics such as sleep, aging, diet, and much more: • Can I "boost" my immune system? • Does caffeine make me live longer? • Do we still not know if cell phones cause cancer? • How much sleep do I actually need? • Is there any harm in taking a multivitamin? • Is life long enough? In considering these questions, Hamblin draws from his own medical training as well from hundreds of interviews with distinguished scientists and medical practitioners. He translates the (traditionally boring) textbook of human anatomy and physiology into accessible, engaging, socially contextualized, up-to-the-moment answers. They offer clarity, examine the limits of our certainty, and ultimately help readers worry less about things that don't really matter. If Our Bodies Could Talk is a comprehensive, illustrated guide that entertains and educates in equal doses.

A Prayer for the Crown-Shy - Becky Chambers 2022-07-12

A USA Today Bestseller! "Tender and healing... I'm prescribing a preorder to anyone who has ever felt lost. Stunning, kind, necessary." —Sarah Gailey on book 1: A Psalm for the Wild-Built A Prayer for the Crown-Shy is a story of kindness and love from one of the foremost practitioners of hopeful SF. After touring the rural areas of Panga, Sibling Dex (a Tea Monk of some renown) and Mosschap (a robot sent on a quest to determine what humanity really needs) turn their attention to the villages and cities of the little moon they call home. They hope to find

the answers they seek, while making new friends, learning new concepts, and experiencing the entropic nature of the universe. Becky Chambers's new series continues to ask: in a world where people have what they want, does having more even matter? At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

Steamed - Rachel Levin 2021-04-06

Whip, pound, grate, and grind your way to culinary catharsis with *Steamed*, a cheeky cookbook for when you need to get dinner and your feelings on the table. Where can a person express frustration, existential crisis, fleeting sadness, and consuming rage -- perhaps all at the same time -- without drawing attention to themselves? Where is taking your feelings out with mallets, knives, grinders, and graters not just allowed but encouraged? The kitchen, of course! And in *Steamed* acclaimed food writers Rachel Levin and Tara Duggan offer readers 50 funny, feisty, and full-flavored dishes to unleash that sweet culinary catharsis. Tired parents, stressed worker-bees, and newly-minted adults alike will find recipes for those inevitable moments when you're tired and need to let it all out. Recipes like "Pounded Chicken Parmesan," "Ripped Bread Salad," and "Feeling Sad French Onion Soup" are the perfect outlet for dealing with day-to-day indignities, while soothing kitchen projects like "Braided Challah" and "It'll-All-Be-Okay Chicory and Cannellini Beans" provide a moment of calm in a cuckoo world. Playful sidebars, including "Beat It All Out: When You Just Want to Whisk Like a Wild Woman," teach technique and channel all those feelings into something utterly delicious. For anyone looking for stress eating's more constructive cousin, *Steamed* and catharsis cooking are here to lend a helping hand -- or cleaver.

Open Wound - Jason Karlawish 2011-08-30

A shotgun misfires inside the American Fur Company store in Northern Michigan, and Alexis St. Martin's death appears imminent. It's 1822, and, as the leaders of Mackinac Island examine St. Martin's shot-riddled torso, they decide not to incur a single expense on behalf of the indentured fur trapper. They even go so far as to dismiss the attention of U.S. Army Assistant Surgeon William Beaumont, the frontier fort's only doctor. Beaumont ignores the orders and saves the young man's life. What neither the doctor nor his patient understands—yet—is that even as Beaumont's care of St. Martin continues for decades, the motives and merits of his attention are far from clear. In fact, for what he does to his patient, Beaumont will eventually stand trial and be judged. Rooted deeply in historic fact, *Open Wound* artfully fictionalizes the complex, lifelong relationship between Beaumont and his illiterate French Canadian patient. The young trapper's injury never completely heals, leaving a hole into his stomach that the curious doctor uses as a window to understand the mysteries of digestion. Eager to rise up from his humble origins and self-conscious that his medical training occurred as an apprentice to a rural physician rather than at an elite university, Beaumont seizes the opportunity to experiment upon his patient's stomach in order to write a book that he hopes will establish his legitimacy and secure his prosperity. As Jason Karlawish portrays him, Beaumont, always growing hungrier for more wealth and more prestige, personifies the best and worst aspects of American ambition and power.

Spook: Science Tackles the Afterlife - Mary Roach 2006-10-17

The best-selling author of *Stiff* and *Bonk* trains her considerable wit and curiosity on the human soul. "What happens when we die? Does the light just go out and that's that—the million-year nap? Or will some part of my personality, my me-ness persist? What will that feel like? What will I do all day? Is there a place to plug in my lap-top?" In an attempt to find out, Mary Roach brings her tireless curiosity to bear on an array of contemporary and historical soul-searchers: scientists, schemers, engineers, mediums, all trying to prove (or disprove) that life goes on after we die.

Blueprint - Nicholas A. Christakis 2020-04-16

Drawing on advances in social science, evolutionary biology, genetics, neuroscience and network science, *Blueprint* shows how and why evolution has placed us on a humane path -- and how we are united by our common humanity. For too long, scientists have focused on the dark side of our biological heritage: our capacity for aggression, cruelty, prejudice, and self-interest. But natural selection has given us a suite of beneficial social features, including our capacity for love, friendship, cooperation, and learning. Beneath all our inventions - our tools, farms, machines, cities, nations - we carry with us innate proclivities to make a good society. In *Blueprint*, Nicholas A. Christakis introduces the compelling idea that our genes affect not only our bodies and behaviors, but also the ways in which we make societies, ones that are surprisingly similar worldwide. With many vivid examples -- including diverse

historical and contemporary cultures, communities formed in the wake of shipwrecks, commune dwellers seeking utopia, online groups thrown together by design or involving artificially intelligent bots and even the tender and complex social arrangements of elephants and dolphins that so resemble our own - Christakis shows that, despite a human history replete with violence, we cannot escape our social blueprint for goodness. In a world of increasing political and economic polarisation, it's tempting to ignore the positive role of our evolutionary past. But by exploring the ancient roots of goodness in civilisation, *Blueprint* shows that our genes have shaped societies for our welfare and that, in a feedback loop stretching back many thousands of years, societies have shaped and are still shaping, our genes today.

Wish Her Safe At Home - Stephen Benatar 2010-05-05

Rachel Waring is deliriously happy. Out of nowhere, a great-aunt leaves her a Georgian mansion in another city—and she sheds her old life without delay. Gone is her dull administrative job, her mousy wardrobe, her downer of a roommate. She will live as a woman of leisure, devoted to beauty, creativity, expression, and love. Once installed in her new quarters, Rachel plants a garden, takes up writing, and impresses everyone she meets with her extraordinary optimism. But as Rachel sings and jokes the days away, her new neighbors begin to wonder if she might be taking her transformation just a bit too far. In *Wish Her Safe at Home*, Stephen Benatar finds humor and horror in the shifting region between elation and mania. His heroine could be the next-door neighbor of the Beales of *Grey Gardens* or a sister to Jane Gardam's oddball protagonists, but she has an ebullient charm all her own.

Breath - James Nestor 2020-05-26

A New York Times Bestseller A Washington Post Notable Nonfiction Book of 2020 Named a Best Book of 2020 by NPR "A fascinating scientific, cultural, spiritual and evolutionary history of the way humans breathe—and how we've all been doing it wrong for a long, long time." —Elizabeth Gilbert, author of *Big Magic* and *Eat Pray Love* No matter what you eat, how much you exercise, how skinny or young or wise you are, none of it matters if you're not breathing properly. There is nothing more essential to our health and well-being than breathing: take air in, let it out, repeat twenty-five thousand times a day. Yet, as a species, humans have lost the ability to breathe correctly, with grave consequences. Journalist James Nestor travels the world to figure out what went wrong and how to fix it. The answers aren't found in pulmonology labs, as we might expect, but in the muddy digs of ancient burial sites, secret Soviet facilities, New Jersey choir schools, and the smoggy streets of São Paulo. Nestor tracks down men and women exploring the hidden science behind ancient breathing practices like Pranayama, Sudarshan Kriya, and Tummo and teams up with pulmonary tinkerers to scientifically test long-held beliefs about how we breathe. Modern research is showing us that making even slight adjustments to the way we inhale and exhale can jump-start athletic performance; rejuvenate internal organs; halt snoring, asthma, and autoimmune disease; and even straighten scoliotic spines. None of this should be possible, and yet it is. Drawing on thousands of years of medical texts and recent cutting-edge studies in pulmonology, psychology, biochemistry, and human physiology, *Breath* turns the conventional wisdom of what we thought we knew about our most basic biological function on its head. You will never breathe the same again.

Serving the Reich - Philip Ball 2014-10-20

After World War II, most scientists in Germany maintained that they had been apolitical or actively resisted the Nazi regime, but the true story is much more complicated. In *Serving the Reich*, Philip Ball takes a fresh look at that controversial history, contrasting the career of Peter Debye, director of the Kaiser Wilhelm Institute for Physics in Berlin, with those of two other leading physicists in Germany during the Third Reich: Max Planck, the elder statesman of physics after whom Germany's premier scientific society is now named, and Werner Heisenberg, who succeeded Debye as director of the institute when it became focused on the development of nuclear power and weapons. Mixing history, science, and biography, Ball's gripping exploration of the lives of scientists under Nazism offers a powerful portrait of moral choice and personal responsibility, as scientists navigated "the grey zone between complicity and resistance." Ball's account of the different choices these three men and their colleagues made shows how there can be no clear-cut answers or judgement of their conduct. Yet, despite these ambiguities, Ball makes it undeniable that the German scientific establishment as a whole mounted no serious resistance to the Nazis, and in many ways acted as a willing instrument of the state. *Serving the Reich* considers what this problematic history can tell us about the relationship of science and

politics today. Ultimately, Ball argues, a determination to present science as an abstract inquiry into nature that is “above politics” can leave science and scientists dangerously compromised and vulnerable to political manipulation.

Animal Vegetable Criminal - Mary Roach 2021-10-14

In her addictive, bold voice, bestselling author Mary Roach delves into the unpredictable world where wildlife and humans meet.

The Authentic Animal - Dave Madden 2011-08-02

Why would someone want to create or own the mounted skin of a dead animal? That's the question Dave Madden explores in *The Authentic Animal*. Madden starts his journey with the life story of Carl Akeley, the father of modern taxidermy. Akeley started small by stuffing a canary, but by the end of his life he had created the astonishing Akeley Hall of African Mammals at The American Museum of Natural History. What Akeley strove for and what fascinates Madden is the attempt by the taxidermist to replicate the authentic animal, looking as though it's still alive. To get a first-hand glimpse at this world, Madden travels to the World Taxidermy Championships, the garage workplaces of people who mount freeze-dried pets for bereaved owners, and the classrooms of a taxidermy academy where students stretch deer pelts over foam bases. On his travels, he looks at the many forms taxidermy takes—hunting trophies, museum dioramas, roadside novelties, pet memorials—and considers what taxidermy has to tell us about human-animal relationships. *The Authentic Animal* is an entertaining and thought-provoking blend of history, biology, and philosophy that will make readers think twice the next time they scoff at a moose head hung lovingly on a wall.

[Vietnamese Home Cooking](#) - Charles Phan 2012-09-25

In his eagerly awaited first cookbook, award-winning chef Charles Phan from San Francisco's Slanted Door restaurant introduces traditional Vietnamese cooking to home cooks by focusing on fundamental techniques and ingredients. When Charles Phan opened his now-legendary restaurant, The Slanted Door, in 1995, he introduced American diners to a new world of Vietnamese food: robustly flavored, subtly nuanced, authentic yet influenced by local ingredients, and, ultimately, entirely approachable. In this same spirit of tradition and innovation, Phan presents a landmark collection based on the premise that with an understanding of its central techniques and fundamental ingredients, Vietnamese home cooking can be as attainable and understandable as American, French, or Italian. With solid instruction and encouraging guidance, perfectly crispy imperial rolls, tender steamed dumplings, delicately flavored whole fish, and meaty lemongrass beef stew are all deliciously close at hand. Abundant photography detailing techniques and equipment, and vibrant shots taken on location in Vietnam, make for equal parts elucidation and inspiration. And with master recipes for stocks and sauces, a photographic guide to ingredients, and tips on choosing a wok and seasoning a clay pot, this definitive reference will finally secure Vietnamese food in the home cook's repertoire. Infused with the author's stories and experiences, from his early days as a refugee to his current culinary success, *Vietnamese Home Cooking* is a personal and accessible guide to real Vietnamese cuisine from one of its leading voices.

Gulp: Adventures on the Alimentary Canal - Mary Roach 2013-04

The humor scientist behind *Stiff: The Curious Lives of Human Cadavers* and *Spook: Science Tackles the Afterlife* takes a tour of the human digestive system, explaining why the stomach doesn't digest itself and whether constipation can kill you.

Stiff: The Curious Lives of Human Cadavers - Mary Roach 2004-04-27

A look inside the world of forensics examines the use of human cadavers in a wide range of endeavors, including research into new surgical procedures, space exploration, and a Tennessee human decay research facility.

The Dude and the Zen Master - Jeff Bridges 2014-01-28

The perfect gift for fans of *The Big Lebowski*, Jeff Bridges's "The Dude", and anyone who could use more Zen in their lives. Zen Master Bernie Glassman compares Jeff Bridges's iconic role in *The Big Lebowski* to a Lamed-Vavnik: one of the men in Jewish mysticism who are “simple and unassuming,” and “so good that on account of them God lets the world go on.” Jeff puts it another way. “The wonderful thing about the Dude is that he'd always rather hug it out than slug it out.” For more than a decade, Academy Award-winning actor Jeff Bridges and his Buddhist teacher, renowned Roshi Bernie Glassman, have been close friends. Inspiring and often hilarious, *The Dude and the Zen Master* captures their freewheeling dialogue and remarkable humanism in a book that reminds us of the importance of doing good in a difficult world.

Wild Ones - Jon Mooallem 2014-05-27

A Pop Up writer and contributor to several prestigious magazines tracks the dynamic relevance of America's animals throughout history to illuminate the current world's extinction threats, tracing his tour of environmental regions with his young daughter to trace the conservation efforts of such species as the polar bear and the whooping crane.

Rabid - Bill Wasik 2013-06-25

The most fatal virus known to science, rabies—a disease that spreads avidly from animals to humans—kills nearly one hundred percent of its victims once the infection takes root in the brain. In this critically acclaimed exploration, journalist Bill Wasik and veterinarian Monica Murphy chart four thousand years of the history, science, and cultural mythology of rabies. From Greek myths to zombie flicks, from the laboratory heroics of Louis Pasteur to the contemporary search for a lifesaving treatment, *Rabid* is a fresh and often wildly entertaining look at one of humankind's oldest and most fearsome foes. “A searing narrative.” -The New York Times “In this keen and exceptionally well-written book, rife with surprises, narrative suspense and a steady flow of expansive insights, ‘the world's most diabolical virus’ conquers the unsuspecting reader's imaginative nervous system. . . . A smart, unsettling, and strangely stirring piece of work.” -San Francisco Chronicle “Fascinating. . . . Wasik and Murphy chronicle more than two millennia of myths and discoveries about rabies and the animals that transmit it, including dogs, bats and raccoons.” -The Wall Street Journal

[Ancient Bodies, Modern Lives](#) - Wenda Trevathan, Ph.D. 2010-05-27

In *Ancient Bodies, Modern Lives*, anthropologist Wenda Trevathan explores a range of women's health issues, with a specific focus on reproduction, that may be viewed through an evolutionary lens. Trevathan illustrates the power and potential of examining the human life cycle from an evolutionary perspective, and how such an approach could help improve both our understanding of women's health and our ability to respond to health challenges in creative and effective ways.

[The Best American Science and Nature Writing 2011](#) - Mary Roach 2011-10-04

The New York Times—bestselling author of *Packing for Mars* presents fascinating essays by Jonathan Lethem, Jaron Lanier, Malcolm Gladwell and others. Good science writing, as Mary Roach explains in her introduction, is a cure for ignorance and fallacy. But great science writing adds honey—in the form of engaging characters, stories, and wit—to make the medicine go down. This anthology reveals the essential humanity in our endless quest for knowledge and understanding. From a study of avian mating habits with unintended political implications to a sober exploration of the panic surrounding artificial intelligence, *The Best Science and Nature Writing 2011* offers food for thought in a variety of flavors. *The Best Science and Nature Writing 2011* includes entries by Deborah Blum, Burkhard Bilger, Ian Frazier, David H. Freedman, Atul Gawande, Stephen Hawking, Christopher Ketcham, Jill Sisson Quinn, Oliver Sachs, and others.

My Planet - Mary Roach 2013-04-04

From acclaimed, New York Times best-selling author Mary Roach comes the complete collection of her “My Planet” articles published in *Reader's Digest*. She was a hit columnist in the magazine, and this book features the articles she wrote in that time. Insightful and hilarious, Mary explores the ins and outs of the modern world: marriage, friends, family, food, technology, customer service, dental floss, and ants—she leaves no element of the American experience unchecked for its inherent paradoxes, pleasures, and foibles. On Cleanliness: Ed has crud vision, and I don't. I don't notice filth. Ed sees it everywhere. I am reasonably convinced that Ed can actually see bacteria. . . . He confessed he didn't like me using his bathrobe because I'd wear it while sitting on the toilet. “It's not like it goes in the water,” I protested, though if you counted the sash as part of the robe, this wasn't strictly true. On the Internet: The Internet is a boon for hypochondriacs like me. Right now, for instance, I'm feeling a shooting pain on the side of my neck. A Web search produces five matches, the first three for a condition called Arnold-Chiari Malformation. While my husband, Ed, reads over my shoulder, I recite symptoms from the list. “‘General clumsiness’ and ‘general imbalance,’” I say, as though announcing arrivals at the Marine Corps Ball. “‘Difficulty driving,’ ‘lack of taste,’ ‘difficulty feeling feet on ground.’” “Those aren't symptoms,” says Ed. “Those are your character flaws.” On Fashion: My husband recently made me try on a bikini. A bikini is not so much a garment as a cloth-based reminder that your parts have been migrating all these years. My waist, I realized that day in the dressing room, has completely disappeared beneath my rib cage, which now rests directly on my hips. I'm exhibiting continental drift in reverse. On Eating Healthy:

So Ed and I were eating a lot of vegetables. Vegetables on pasta, vegetables on rice. This was extremely healthy, until you got to the part where Ed and I are found in the kitchen at 10 p.m., feeding on Froot Loops and tubes of cookie dough.

Bonk: The Curious Coupling of Science and Sex - Mary Roach
2009-04-06

A whimsical assessment of the science of sexual physiology considers the lighter side of such topics as mythologies about a woman's ability to experience orgasm and the ineffectiveness of Viagra on female pandas.

Fletcherism, What It Is - Horace Fletcher 2008-03

Horace Fletcher, an American health-food advocate of the Victorian era, earned the nickname "The Great Masticator" through his advocacy that food needed to be chewed thirty-two times before being swallowed. At the age of 58, he conducted a series of strength and endurance experiments at the Yale Gymnasium versus college athletes which claimed that Fletcher could outperform these athletes. Fletcher also had a great interest in human excreta, believing that it evidenced one's true nutrition. He also advocated for a low-protein diet as a means of health and well-being. Through this 1913 volume Fletcher explains his theories of health and well-being and how, you too, can become a Fletcherite.

You Asked for Perfect - Laura Silverman 2019-03-05

"Wise romantic and painfully relatable."—BECKY ALBERTALLI, award-winning author of *Simon vs. the Homo Sapiens Agenda* For fans of Adam Silvera and Nina LaCour comes a timely novel about a teen's struggle when academic success and happiness pull him in opposite directions. Senior Ariel Stone has spent his life cultivating the perfect college résumé: first chair violinist, dedicated volunteer, active synagogue congregant, and expected valedictorian. He barely has time to think about a social life, let alone a relationship...until a failed calculus quiz puts his future on the line, forcing Ariel to enlist his classmate, Amir, as a tutor. As the two spend more time together, Ariel discovers he may not like calculus, but he does like Amir. When he's with Amir, the crushing academic pressure fades away, and a fuller and brighter world comes into focus. But college deadlines are still looming. And adding a new relationship to his long list of commitments may just push Ariel past his limit. Full of empathy, honesty, and heart, *You Asked for Perfect* is a story for anyone who has ever questioned the price of perfection. Praise for *You Asked for Perfect*: "Silverman's novel hit me straight in the heart... It was powerful enough to make me want to be a better—yet still imperfect—person." —Bill Konigsberg, author of *The Music of What Happens* "A coming-of-age novel that will charm readers with its relatable and diverse characters, quirky storyline, and interweaving of faith, queerness, and the everyday lives of seniors navigating the pressures of college applications, grades, and relationships. Heartwarming and engaging."—Kirkus

Packing for Mars: The Curious Science of Life in the Void - Mary Roach

2011-04-04

"America's funniest science writer" (Washington Post) explores the irresistibly strange universe of life without gravity in this New York Times bestseller. The best-selling author of *Stiff* and *Bonk* explores the irresistibly strange universe of space travel and life without gravity. From the Space Shuttle training toilet to a crash test of NASA's new space capsule, Mary Roach takes us on the surreally entertaining trip into the science of life in space and space on Earth.

An Industry Worth Fighting For - Derrick Josi 2021-11-09

A storm cuts through the placid Oregon skies. Not a meteorological event—rather, an onslaught aimed at destroying the livelihood of dairy farmers across America. Standing in the bull's-eye is Derrick Josi, a fourth generation dairy farmer who has taken a stand against the lies, deceit, and personal attacks made by self-proclaimed activists across social media. This book offers readers a glimpse behind the curtain of a working dairy farm. Staying true to his charm and wit, Derrick does not shy away from sensitive topics. Rather, he presents reality in terms that are stark but sensitive—a balance as delicate as the lives for which he is responsible. This isn't just the story of one dairy farmer; it is the story of an industry worth defending.

The Secret History of Kindness: Learning from How Dogs Learn - Melissa Holbrook Pierson 2015-05-04

An intimate, surprising look at man's best friend and what the leading philosophies of dog training teach us about ourselves. Years back, Melissa Holbrook Pierson brought home a border collie named Mercy, without a clue of how to get her to behave. Stunned after hiring a trainer whose immediate rapport with Mercy seemed magical, Pierson began delving into the techniques of positive reinforcement. She made her way to B. F. Skinner, the behavioral psychologist who started it all, the man

who could train a pigeon to dance in minutes and whose research on how behavior is acquired has ramifications for military dolphin trainers, athletes, dancers, and, as he originally conceived, society at large. To learn more, Pierson met with a host of fascinating animal behaviorists, going behind the scenes to witness the relationships between trainers and animals at the National Zoo in Washington, DC, and to the in-depth seminars at a Clicker Expo where all the dogs but hers seemed to be learning new tricks. The often startling story of what became of a pathbreaking scientist's work is interwoven with a more personal tale of how to understand the foreign species with whom we are privileged to live. Pierson draws surprising connections in her exploration of how kindness works to motivate all animals, including the human one.

The Origin of Feces - David Waltner-Toews 2013-06-13

An entertaining and enlightening exploration of why waste matters, this cultural history explores an often ignored subject matter and makes a compelling argument for a deeper understanding of human and animal waste. Approaching the subject from a variety of perspectives—evolutionary, ecological, and cultural—this examination shows how integral excrement is to biodiversity, agriculture, public health, food production and distribution, and global ecosystems. From primordial ooze, dung beetles, bug frass, cat scats, and flush toilets to global trade, pandemics, and energy, this is the awesome, troubled, uncensored story of feces.

The Colour Of Walls - Thomas King 2012-12-18

Harper Stevenson wants crisp, white, clean walls in his office. But walls have a history and a memory that can't simply be painted over. A Short History of Indians in Canada, Thomas King's bestselling collection of twenty tales, is a comic tour de force, showcasing the author at his hilarious and provocative best. With his razor-sharp observations and mystical characters, including the ever-present and ever-changing Coyote, King pokes a sharp stick into the gears of the Native myth-making machine, exposing the underbelly of both historical and contemporary Native-White relationships. Through the laughter, these stories shimmer brightly with the universal truths that unite us. HarperCollins brings great works of literature to life in digital format, upholding the highest standards in ebook production and celebrating reading in all its forms. Look for more titles in the HarperCollins short-stories collection to build your digital library.

The Sky Is Everywhere - Jandy Nelson 2011-03-22

Jandy Nelson's beloved, critically adored debut is now an Apple TV+ and A24 original film starring Jason Segel, Cherry Jones, Grace Kaufman, and Jacques Colimon. "Both a profound meditation on loss and grieving and an exhilarating and very sexy romance." —NPR Adrift after her sister Bailey's sudden death, Lennie finds herself torn between quiet, seductive Toby—Bailey's boyfriend who shares Lennie's grief—and Joe, the new boy in town who bursts with life and musical genius. Each offers Lennie something she desperately needs. One boy helps her remember. The other lets her forget. And she knows if the two of them collide, her whole world will explode. As much a laugh-out-loud celebration of love as a nuanced and poignant portrait of loss, Lennie's struggle to sort her own melody out of the noise around her makes for an always honest, often uproarious, and absolutely unforgettable read.

The Anatomist - Bill B. Hayes 2007-12-26

The classic medical text known as Gray's Anatomy is one of the most famous books ever written. Now, on the 150th anniversary of its publication, acclaimed science writer and master of narrative nonfiction Bill Hayes has written the fascinating, never-before-told true story of how this seminal volume came to be. A blend of history, science, culture, and Hayes's own personal experiences, *The Anatomist* is this author's most accomplished and affecting work to date. With passion and wit, Hayes explores the significance of Gray's Anatomy and explains why it came to symbolize a turning point in medical history. But he does much, much more. Uncovering a treasure trove of forgotten letters and diaries, he illuminates the astonishing relationship between the fiercely gifted young anatomist Henry Gray and his younger collaborator H. V. Carter, whose exquisite anatomical illustrations are masterpieces of art and close observation. Tracing the triumphs and tragedies of these two extraordinary men, Hayes brings an equally extraordinary era—the mid-1800s—unforgettably to life. But the journey Hayes takes us on is not only outward but inward—through the blood and tissue and organs of the human body—for *The Anatomist* chronicles Hayes's year as a student of classical gross anatomy, performing with his own hands the dissections and examinations detailed by Henry Gray 150 years ago. As Hayes's acquaintance with death deepens, he finds his understanding and appreciation of life deepening in unexpected and profoundly moving

ways. The Anatomist is more than just the story of a book. It is the story of the human body, a story whose beginning and end we all know and share but that, like all great stories, is infinitely rich in between.

Vacationland - John Hodgman 2017-10-24

"I love everything about this hilarious book except the font size." —Jon Stewart Although his career as a bestselling author and on The Daily Show With Jon Stewart was founded on fake news and invented facts, in 2016 that routine didn't seem as funny to John Hodgman anymore. Everyone is doing it now. Disarmed of falsehood, he was left only with the awful truth: John Hodgman is an older white male monster with bad facial hair, wandering like a privileged Sasquatch through three wildernesses: the hills of Western Massachusetts where he spent much of his youth; the painful beaches of Maine that want to kill him (and some day will); and the metaphoric haunted forest of middle age that connects them. Vacationland collects these real life wanderings, and through them you learn of the horror of freshwater clams, the evolutionary purpose of the mustache, and which animals to keep as pets and which to kill with traps and poison. There is also some advice on how to react when the people of coastal Maine try to sacrifice you to their strange god. Though wildly, Hodgmaniacally funny as usual, it is also a poignant and sincere account of one human facing his forties, those years when men in particular must stop pretending to be the children of bright potential they were and settle into the failing bodies of the wiser, weird dads that they are.

Packing for Mars for Kids - Mary Roach 2022-04-05

"America's funniest science writer" (Washington Post) asks the questions children ask in this young readers adaptation of her best-selling Packing for Mars. What is it like to float weightlessly in the air? What happens if you vomit in your helmet during a spacewalk? How do astronauts go to the bathroom? Is it true that they don't shower? Can farts really be deadly in space? Best-selling Mary Roach has the answers. In this whip-smart, funny, and informative young readers adaptation of her best-selling Packing for Mars, Roach guides us through the irresistibly

strange, frequently gross, and awe-inspiring realm of space travel and life without gravity. From flying on NASA's Weightless Wonder to eating space food, Packing for Mars for Kids is chock-full of first-hand experiences and thorough research. Roach has crafted an authoritative and accessible book that is perfectly pitched to inquiring middle grade readers.

Gulp - Mary Roach 2016-08

Eating is the most pleasurable, gross, necessary, unspeakable biological process we undertake. But very few of us realise what strange wet miracles of science operate inside us after every meal - let alone have pondered the results (of the research). How have physicists made crisps crispier? What do laundry detergent and saliva have in common? Was self-styled 'nutritional economist' Horace Fletcher right to persuade millions of people that chewing a bite of shallot seven hundred times would yield double the vitamins? In her trademark, laugh-out-loud style, Mary Roach breaks bread with spit connoisseurs, beer and pet-food tasters, stomach slugs, potato crisp engineers, enema exorcists, rectum-examining prison guards, competitive hot dog eaters, Elvis' doctor, and many more as she investigates the beginning, and the end, of our food.

Hate List - Jennifer Brown 2009-09-01

For readers of Marieke Nijkamp's This Is Where It Ends, a powerful and timely contemporary classic about the aftermath of a school shooting. Five months ago, Valerie Leftman's boyfriend, Nick, opened fire on their school cafeteria. Shot trying to stop him, Valerie inadvertently saved the life of a classmate, but was implicated in the shootings because of the list she helped create. A list of people and things she and Nick hated. The list he used to pick his targets. Now, after a summer of seclusion, Val is forced to confront her guilt as she returns to school to complete her senior year. Haunted by the memory of the boyfriend she still loves and navigating rocky relationships with her family, former friends, and the girl whose life she saved, Val must come to grips with the tragedy that took place and her role in it, in order to make amends and move on with her life. Jennifer Brown's critically acclaimed novel now includes the bonus novella Say Something, another arresting Hate List story.