

Words Wanderer Alexandra Elle

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[This Will Only Hurt a Little](#) - Busy Philipps
2019-10-22

A hilarious, heartfelt, and refreshingly honest memoir and New York Times bestseller by the beloved comedic actress known for her roles on Freaks and Geeks, Dawson's Creek, and Cougar Town who has become "the breakout star of Instagram stories...Imagine I Love Lucy mixed with a modern lifestyle guru" (The New Yorker).

There's no stopping Busy Philipps. From the time she was two and "aced out in her nudes" to explore the neighborhood (as her mom famously described her toddler jailbreak), Busy has always been headstrong, defiant, and determined not to miss out on all the fun. These qualities led her to leave Scottsdale, Arizona, at the age of nineteen to pursue her passion for acting in Hollywood. But much like her painful

and painfully funny teenage years, chasing her dreams wasn't always easy and sometimes hurt more than a little. In a memoir "that often reads like a Real World confessional or an open diary" (Kirkus Reviews), Busy opens up about chafing against a sexist system rife with on-set bullying and body shaming, being there when friends face shattering loss, enduring devastating personal and professional betrayals from those she loved best, and struggling with postpartum anxiety and the challenges of motherhood. But Busy also brings to the page her sly sense of humor and the unshakeable sense that disappointment shouldn't stand in her way—even when she's knocked down both figuratively and literally (from a knee injury at her seventh-grade dance to a violent encounter on the set of Freaks and Geeks). The rough patches in her life are tempered by times of hilarity and joy: leveraging a flawless impression of Cher from Clueless into her first paid acting gig, helping reinvent a genre with cult classic

Freaks and Geeks, becoming fast friends with Dawson's Creek castmate Michelle Williams, staging her own surprise wedding, conquering natural childbirth with the help of a Mad Men-themed hallucination, and of course, how her Instagram stories became "the most addictive thing on the internet right now" (Cosmopolitan). Busy is the rare entertainer whose impressive arsenal of talents as an actress is equally matched by her storytelling ability, sense of humor, and sharp observations about life, love, and motherhood—"if you think you know Busy from her Instagram stories, you don't know the half of it" (Jenni Konner). Her conversational writing reminds us what we love about her on screens large and small. From "candid tales of celebrity life, mom life, and general Busy-ness" (W Magazine), This Will Only Hurt a Little "is everything we've been dying to hear about" (Bustle).

Growing in Gratitude - Alexandra Elle
2018-04-30

The Growing in Gratitude journal was created to help people pause, reflect, and tap into the personal practice of gratefulness. For 150 days, keep this journal by your bed or in your bag and dive into deepening & strengthening your appreciation for who you are, what you have, and how you can serve others.

Salt. - Nayyirah Waheed 2013-09-24

Poems.

Because of a Woman - Malanda Kisongo
2015-09-21

BECAUSE OF A WOMAN is a journey for truth, an outreach for a deeper self and a quest for vulnerability as a light source in spite of society's idea of exposure as an internal weakness. It is narrated through a series of poems and short stories to balance the reader's interest and highlight the writer's struggle to be open to being vulnerable. The book is broken into sections with sub-chapters as a way to create balance for involving characters.

Tess of the Road - Rachel Hartman 2018-02-27

Award-winning Rachel Hartman's newest YA is a tour de force and an exquisite fantasy for the #metoo movement. "Tess of the Road is astonishing and perfect. It's the most compassionate book I've read since George Eliot's Middlemarch." --NPR In the medieval kingdom of Goredd, women are expected to be ladies, men are their protectors, and dragons can be whomever they choose. Tess is none of these things. Tess is. . . different. She speaks out of turn, has wild ideas, and can't seem to keep out of trouble. Then Tess goes too far. What she's done is so disgraceful, she can't even allow herself to think of it. Unfortunately, the past cannot be ignored. So Tess's family decide the only path for her is a nunnery. But on the day she is to join the nuns, Tess chooses a different path for herself. She cuts her hair, pulls on her boots, and sets out on a journey. She's not running away, she's running towards something. What that something is, she doesn't know. Tess just knows that the open road is a map to

somewhere else--a life where she might belong. Returning to the spellbinding world of the Southlands she created in the award-winning, New York Times bestselling novel *Seraphina*, Rachel Hartman explores self-reliance and redemption in this wholly original fantasy. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR * BOSTON GLOBE * The Chicago Public Library * KIRKUS REVIEWS Four starred reviews! "The world building is gorgeous, the creatures are vivid and Hartman is a masterful storyteller. Pick up this novel, and savor every page." --Paste Magazine

In an Instant - Suzanne Redfearn 2021-02
Life is over in an instant for sixteen-year-old Finn Miller when a devastating car accident tumbles her and ten others over the side of a mountain. Suspended between worlds, she watches helplessly as those she loves struggle to survive.

A Letter of Love - Kailyn Lowry 2018-10-09
Words of the heart must never be left unspoken.

A Letter of Love reveals the innermost sentiments of love, life, and relationships as penned by New York Times Best Selling Author Kailyn Lowry. Best known as a cast member of MTV's *Teen Mom 2*, Kailyn was determined to apologize to her sons Isaac, Lincoln, and Lux for not giving them the ideal family. A profoundly moving, sensitive family portrait, uncovers her quest to redefine how love is given and received while leaving a carefully crafted legacy of words and declarations for the world. Through self-realization, we recognize that love has no boundaries and the ideal family is the one that we create in our hearts. A must-read for inspiration and a gentle reminder that love is all we need.

Black Girl Baking - Jerrelle Guy 2018-02-06
2019 James Beard Foundation Book Award Nominee "Black Girl Baking has a rhythm and a realness to it." - Carla Hall, Chef and television personality
Invigorating and Creative Recipes to Ignite Your Senses For Jerrelle Guy, food has

always been what has shaped her—her body, her character, her experiences and her palate. Growing up as the sensitive, slightly awkward child of three in a race-conscious space, she decided early on that she'd rather spend her time eating cookies and honey buns than taking on the weight of worldly issues. It helped her see that good food is the most powerful way to connect, understand and heal. Inspired by this realization, each one of her recipes tells a story. Orange Peel Pound Cake brings back memories of summer days eating Florida oranges at Big Ma's house, Rosketti cookies reimagine the treats her mother ate growing up in Guam, and Plaited Dukkah Bread parallels the braids worked into her hair as a child. Jerrelle leads you on a sensual baking journey using the five senses, retelling and reinventing food memories while using ingredients that make her feel more in control and more connected to the world and the person she has become. Whole flours, less refined sugar and vegan alternatives make it

easier to celebrate those sweet moments that made her who she is today. Escape everyday life and get lost in the aromas, sounds, sights, textures and tastes of Black Girl Baking.

On Earth We're Briefly Gorgeous - Ocean Vuong 2021-06-01

An instant New York Times Bestseller! Longlisted for the 2019 National Book Award for Fiction, the Carnegie Medal in Fiction, the 2019 Aspen Words Literacy Prize, and the PEN/Hemingway Debut Novel Award Shortlisted for the 2019 Center for Fiction First Novel Prize Winner of the 2019 New England Book Award for Fiction! Named one of the most anticipated books of 2019 by Vulture, Entertainment Weekly, BuzzFeed, Los Angeles Times, Boston Globe, Oprah.com, Huffington Post, The A.V. Club, Nylon, The Week, The Rumpus, The Millions, The Guardian, Publishers Weekly, and more. "A lyrical work of self-discovery that's shockingly intimate and insistently universal...Not so much briefly gorgeous as

permanently stunning.” —Ron Charles, The Washington Post
Poet Ocean Vuong’s debut novel is a shattering portrait of a family, a first love, and the redemptive power of storytelling
On Earth We’re Briefly Gorgeous is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family’s history that began before he was born — a history whose epicenter is rooted in Vietnam — and serves as a doorway into parts of his life his mother has never known, all of it leading to an unforgettable revelation. At once a witness to the fraught yet undeniable love between a single mother and her son, it is also a brutally honest exploration of race, class, and masculinity. Asking questions central to our American moment, immersed as we are in addiction, violence, and trauma, but undergirded by compassion and tenderness, *On Earth We’re Briefly Gorgeous* is as much about the power of telling one’s own story as it is about the

obliterating silence of not being heard. With stunning urgency and grace, Ocean Vuong writes of people caught between disparate worlds, and asks how we heal and rescue one another without forsaking who we are. The question of how to survive, and how to make of it a kind of joy, powers the most important debut novel of many years. Named a Best Book of the Year by: GQ, Kirkus Reviews, Booklist, Library Journal, TIME, Esquire, The Washington Post, Apple, Good Housekeeping, The New Yorker, The New York Public Library, Elle.com, The Guardian, The A.V. Club, NPR, Lithub, Entertainment Weekly, Vogue.com, The San Francisco Chronicle, Mother Jones, Vanity Fair, The Wall Street Journal Magazine and more!

The Undercover Edge - Derrick Levasseur
2018-01-09

In a televised social experiment before millions of viewers, police sergeant Derrick Levasseur demonstrated that techniques used by undercover detectives could help people achieve

their goals in everyday social situations. The result: he walked away with more than half a million dollars. In *The Undercover Edge*, Derrick shares his personal mind-set surrounding human behavior and motivation. Even more than that, he provides easy yet groundbreaking tools acquired while overcoming personal adversity and working more than a decade in law enforcement, showing readers:

- The power of observation and creating a profile
- The effect of using silence to extract and evaluate information
- The benefits of interpreting body language and developing your sixth sense
- The importance of self-awareness and adapting to your environment
- The value of developing a personal ops plan with a defined mission

Derrick's approach allows readers to create a solid foundation in their lives, build confidence personally and professionally, and push themselves to become stronger, more capable leaders.

Neon Soul - Alexandra Elle 2017-03-21

Alexandra Elle writes frankly about her experience as a young, single mother while she celebrates her triumph over adversity and promotes resilience and self-care in her readers. This book of all-new poems from the beloved author of *Words From A Wanderer* and *Love In My Language* is a quotable companion on the road to healing.

The People Look Like Flowers At Last -

Charles Bukowski 2009-10-13

"if you read this after I am dead It means I made it" -"The Creation Coffin" *The People Look like Flowers at Last* is the last of five collections of never-before published poetry from the late great Dirty Old Man, Charles Bukowski. In it, he speaks on topics ranging from horse racing to military elephants, lost love to the fear of death. He writes extensively about writing, and about talking to people about writers such as Camus, Hemingway, and Stein. He writes about war and fatherhood and cats and women. Free from the pressure to present a consistent persona, these

poems present less of an aggressively disruptive character, and more a world-weary and empathetic person.

Elatsoe - Darcie Little Badger 2020-08-25

A National Indie Bestseller TIME's Best 100
Fantasy Books of All Time An NPR Best Book of
2020 A Booklist's Top 10 First Novel for Youth A
BookPage Best Book of 2020 A CPL "Best of the
Best" Book A Publishers Weekly Best Book of
2020 A BuzzFeed Best YA SFF Book of 2020 A
Shelf Awareness Best Book of 2020 An AICL
Best YA Book of 2020 A Kirkus Best YA Book of
2020 A Tor Best Book of 2020 PRAISE
"Groundbreaking." —TIME "Deeply enjoyable
from start to finish." —NPR "Utterly magical."
—SyFyWire "Atmospheric and lyrical...a
gorgeous work of art." —BuzzFeed "One of the
best YA debuts of 2020. Read it." —Marieke
Nijkamp FIVE STARRED REVIEWS □ "A fresh
voice and perspective." —Booklist, starred
review □ "A unique and powerful Native
American voice." —BookPage, starred review □

"A brilliant, engaging debut." —Kirkus Reviews,
starred review □ "A fast-paced murder mystery."
—Publishers Weekly, starred review □ "A Lipan
Apache Sookie Stackhouse for the teen set."
—Shelf-Awareness, starred review A Texas teen
comes face-to-face with a cousin's ghost and
vows to unmask the murderer. Elatsoe—Ellie for
short—lives in an alternate contemporary
America shaped by the ancestral magics and
knowledge of its Indigenous and immigrant
groups. She can raise the spirits of dead
animals—most importantly, her ghost dog Kirby.
When her beloved cousin dies, all signs point to
a car crash, but his ghost tells her otherwise: He
was murdered. Who killed him and how did he
die? With the help of her family, her best friend
Jay, and the memory great, great, great, great,
great, great grandmother, Elatsoe, must track
down the killer and unravel the mystery of this
creepy town and its dark past. But will the
nefarious townsfolk and a mysterious Doctor
stop her before she gets started? A breathtaking

debut novel featuring an asexual, Apache teen protagonist, Elatsoe combines mystery, horror, noir, ancestral knowledge, haunting illustrations, fantasy elements, and is one of the most-talked about debuts of the year.

I Am Her Tribe - Danielle Doby 2018-10-23

Positive and powerful, *I Am Her Tribe* is a collection of poetry drawing on the viral Instagram handle and online hashtag that serves to create moments of connection through empowerment and storytelling. Focusing on inspiration, Doby's poetry invites its reader to "Come as you are. Your tribe has arrived. Your breath can rest here." both soft and fierce can coexist and still be powerful

Tuning the Student Mind - Molly Beauregard 2020-06-01

How can we rethink teaching practices to include and engage the whole student? What would student experience look like if we integrated silence and feeling with empirical analysis? *Tuning the Student Mind* is the story of

one teacher's attempt to answer these questions by creating an innovative college course that marries the spiritual and the theoretical, integrating meditation and self-reflection with more conventional academic curriculum. The book follows Molly Beauregard and her students on their intellectual and spiritual journey over the course of a semester in her class, "Consciousness, Creativity, and Identity." Interweaving personal stories, student writing, and Beauregard's responses, along with recommendations for further reading and a research appendix, it makes the case for the transformative power of consciousness-centered education. Written in a warm, engaging voice that reflects Beauregard's teaching style, *Tuning the Student Mind* provides an accessible, step-by-step template for other educators, while inviting readers more broadly to reconnect with the joy of learning in and beyond the classroom. [Listen to Your Mother](#) - Ann Imig 2015-04-07 Irreverent, thought-provoking, hilarious, and

edgy: a collection of personal stories celebrating motherhood, featuring #1 New York Times bestselling authors Jenny Lawson and Jennifer Weiner, and many other notable writers. Listen to Your Mother is a fantastic awakening of why our mothers are important, taking readers on a journey through motherhood in all of its complexity, diversity, and humor. Based on the sensational national performance movement, Listen to Your Mother showcases the experiences of ordinary people of all racial, gender, and age backgrounds, from every corner of the country. This collection of essays celebrates and validates what it means to be a mother today, with honesty and candor that is arrestingly stimulating and refreshing. The stories are raw, honest, poignant, and sometimes raunchy, ranging from adoption, assimilation to emptying nests; first-time motherhood, foster-parenting, to infertility; single-parenting, LGBTQ parenting, to special-needs parenting; step-mothering; never

mothering, to surrogacy; and mothering through illness to mothering through unsolicited advice. Honest, funny, and heart-wrenching, these personal stories are the collective voice of mothers among us. Whether you are one, have one, or know one, Listen to Your Mother is an emotional whirlwind that is guaranteed to entertain, amuse, and enlighten.

Self-Care - Insight Editions 2019-01-08

This guided journal encourages the cultivation of mindfulness and general well-being amid a busy modern lifestyle. Self-Care: A Day and Night Reflection Journal offers a space to commit to your self-care routine with intention and dedication—helping you develop positive thinking, overcome challenging and stressful experiences and negative emotions, and cultivate a general sense of well-being and a healthy lifestyle. This 90-day journal gives you a path to creating a habit of regular self-care that you can carry with you throughout your life. Immersed in your busy day-to-day activities, it's

easy to forget to focus on the present and what's most important. This journal provides a place to record your thoughts and activities and consider how they affect your emotional and physical health. The journal is intended for those who want to foster deep reflection as well as for those who simply want to take better care of themselves. Having filled the journal with positive thoughts and routines, you will end up with a personal trove of wonderful reflections, which can be a source of positive inspiration at any time. Filled with delicate illustrations, this 90-day journal will help you integrate self-care and deep reflection into your life. Its 184 lined, acid-free pages made from archival paper take both pen and pencil nicely.

Words from a Wanderer - Alexandra Elle
2013-05-19

The author offers sixty-two short reflections on self-acceptance and staying positive with oneself.

Leaves from the Note-books of Lady Dorothy

Nevill - Lady Dorothy Nevill 1907

Bronte's Mistress - Finola Austin 2020-08-04
“[A] meticulously researched debut novel...In a word? Juicy.” —O, The Oprah Magazine
The scandalous historical love affair between Lydia Robinson and Branwell Brontë, brother to novelists Charlotte, Emily, and Anne, gives voice to the woman who allegedly brought down one of literature's most famous families. Yorkshire, 1843: Lydia Robinson has tragically lost her precious young daughter and her mother within the same year. She returns to her bleak home, grief-stricken and unmoored. With her teenage daughters rebelling, her testy mother-in-law scrutinizing her every move, and her marriage grown cold, Lydia is restless and yearning for something more. All of that changes with the arrival of her son's tutor, Branwell Brontë, brother of her daughters' governess, Miss Anne Brontë and those other writerly sisters, Charlotte and Emily. Branwell has his own

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demons to contend with—including living up to the ideals of his intelligent family—but his presence is a breath of fresh air for Lydia. Handsome, passionate, and uninhibited by social conventions, he's also twenty-five to her forty-three. A love of poetry, music, and theatre bring mistress and tutor together, and Branwell's colorful tales of his sisters' imaginative worlds form the backdrop for seduction. But their new passion comes with consequences. As Branwell's inner turmoil rises to the surface, his behavior grows erratic, and whispers of their romantic relationship spout from Lydia's servants' lips, reaching all three Brontë sisters. Soon, it falls on Mrs. Robinson to save not just her reputation, but her way of life, before those clever girls reveal all her secrets in their novels. Unfortunately, she might be too late.

Spear - Nicola Griffith 2022-04-19

"Spectacular—I've been waiting years for this book to exist." —Maria Dahvana Headley, author of *Beowulf: A New Translation* "If Le Guin wrote

a Camelot story, I imagine it would feel like *Spear*: humane, intelligent, and deeply beautiful. It's a new story with very old bones, a strange place that feels like home." —Alix E. Harrow, author of *A Spindle Splintered* She left all she knew to find who she could be . . . She grows up in the wild wood, in a cave with her mother, but visions of a faraway lake drift to her on the spring breeze, scented with promise. And when she hears a traveler speak of Artos, king of Caer Leon, she decides her future lies at his court. So, brimming with magic and eager to test her strength, she breaks her covenant with her mother and sets out on her bony gelding for Caer Leon. With her stolen hunting spear and mended armour, she is an unlikely hero, not a chosen one, but one who forges her own bright path. Aflame with determination, she begins a journey of magic and mystery, love, lust and fights to death. On her adventures, she will steal the hearts of beautiful women, fight warriors and sorcerers, and make a place to call home.

The legendary author of *Hild* returns with an unforgettable hero and a queer Arthurian masterpiece for the modern era. Nicola Griffith's *Spear* is a spellbinding vision of the Camelot we've longed for, a Camelot that belongs to us all. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

[Fancy AF Cocktails](#) - Ariana Madix 2019

Trashy and classy cocktails by the beloved Vanderpump Rules couple

Woman of Color - LaTonya Yvette 2019-04-02

LaTonya Yvette, the blogger and stylist behind the eponymous site, is unapologetically candid about life's trials, including motherhood, love, death, and racism. Her first book, *Woman of Color*, is part memoir, part lifestyle guide—packed with moving essays, gorgeous original and archival photographs, and practical style and beauty advice. At the very heart, though, it's about LaTonya's experience growing up as a woman of color in Brooklyn. Each

beautifully designed chapter covers a different topic—the meaning behind her name, how vitiligo has shaped her definition of beauty, her childhood hairstyles, raising her children as a 20-something mom—and ends with thoughtful advice and lifestyle takeaways like how to tie a headwrap or incorporate new, bold colors into your wardrobe. *Woman of Color* is real life, real style for women from all walks of life. In it, LaTonya has written a love letter to women, filling this book with vulnerable, imperfect truths from a black woman blogger, a voice not often seen on bookstore shelves.

After the Rain - Alexandra Elle 2020-10-13

In *After the Rain*, celebrated self-care storyteller Alexandra Elle delivers 15 lessons on how to overcome obstacles, build confidence, and cultivate abundance. Part memoir and part guide, Elle shares stirring stories from her own remarkable journey from self-doubt to self-love. This soulful collection is filled with illuminating reflections on loss, fear, bravery, healing, love,

acceptance, and more. • Readers follow along her journey as she transforms challenging experiences—a difficult childhood, painful romantic relationships, and single parenting as a young mom—into fuel for her career as a successful entrepreneur and author driven by purpose and passion • Filled with Elle's signature candor and warmth • Includes empowering affirmations and meditations for readers to practice in their own lives After the Rain is a soulful guide to help you embrace all the beauty, love, and opportunity life has to offer. • Presented in luminous package with a foil case and gold accents • A beautiful gift for anyone on the path to self-discovery, and an uplifting reminder that there is always sunshine after the rain • Perfect for the friend who loves meditating, self-care, journaling, or seeking personal transformation and empowerment • Great for those who loved Present Over Perfect by Shauna Niequist, 100 Days to Brave by Annie F. Downs, and anything written by Brené Brown,

Rupi Kaur, Rachel Hollis, and Elizabeth Gilbert
Eugene Onéguine - Aleksandr Sergeevich Pushkin 1881

"Eugene Onéguin" is an epic poem by Alexander Pushkin. The story revolves around a Russian dandy and his dalliances with women. While visiting his newly inherited estate, Eugene meets Tatyana, who soon falls passionately in love with him. Tatyana writes Eugene a letter proclaiming her love, but Eugene flatly rejects her. Eugene instead flirts with Tatyana's sister, Olga. He challenges Lensky, Olga's fiancé, to a duel, and ends up killing him. Years pass, and when Eugene meets Tatyana for a second time, he realizes what an accomplished woman she has become. Though he vies for her heart, Tatyana rejects Eugene and remains married to her husband.

Own Your Everyday - Jordan Lee Dooley
2019-05-14

USA TODAY BESTSELLER • ECPA
BESTSELLER • An empowering girlfriend's

guide to a purpose-driven life, from the young entrepreneur and rising star behind SoulScripts and the SHE Podcast “This book will meet you right where you are with a giant hug while also giving you a little kick in the pants.”—Audrey Roloff, New York Times bestselling coauthor of *A Love Letter Life*, founder of Always More, cofounder of Beating50Percent Does it ever seem like you still have to find your purpose or that you’re stuck with “unfigured-out dreams”? Do you feel the pressure to prove yourself or worry about what others will think? You are not the only one. From accidentally starting a small business instead of using her college degree, to embarrassing herself onstage in front of thousands, to wasting time worrying about what others think or say, Jordan Lee Dooley knows exactly how that feels—and she’s learned some important lessons about living a purposeful life along the way. An influential millennial widely recognized for her tagline turned international movement, “Your Brokenness is Welcome Here,”

Jordan has become a go-to source that women around the world look to for inspiration in their faith, work, relationships, and everyday life. Now, in this approachable but actionable read that’s jam-packed with practical tools, Jordan equips you to

- tackle obstacles such as disappointment, perfectionism, comparison, and distraction
- remove labels and break out of the box of expectations
- identify and eliminate excuses and unnecessary stress about an unknown future
- overcome the lie that you can’t live your God-given purpose until you reach a certain goal or milestone

If you ever feel you need to shift your mindset but don’t know how, this book will help you overcome shame, practice gratitude, and redefine success.

Attitudes of Gratitude - M. J. Ryan 2017-10-01
A collection of brief essays aimed at providing inspiration for readers who would like to lead a more joyous life and appreciate what they have.

My Girls - Todd Fisher 2019-05-28
A revelatory and touching tribute to the lives of

Carrie Fisher and Debbie Reynolds written by the person who knew them best, Todd Fisher's poignant memoir is filled with moving stories of growing up among Hollywood royalty and illustrated with never-before-seen photos and memorabilia. In December 2016, the world was shaken by the sudden deaths of Carrie Fisher and her mother Debbie Reynolds, two unspeakable losses that occurred in less than twenty-four hours. The stunned public turned for solace to Debbie's only remaining child, Todd Fisher, who somehow retained his grace and composure under the glare of the media spotlight as he struggled with his own overwhelming grief. The son of "America's Sweethearts" Debbie Reynolds and Eddie Fisher, Todd grew up amid the glamorous wealth and pretense of Hollywood. Thanks to his funny, loving, no-nonsense mother, Todd remained down to earth, his own man, but always close to his cherished mom, and to his sister through her meteoric rise to stardom and her struggle with

demons that never diminished her humor, talent, or spirit. Now, Todd shares his heart and his memories of Debbie and Carrie with deeply personal stories from his earliest years to those last unfathomable days. His book, part memoir, part homage, celebrates their legacies through a more intimate, poignant, and often hilarious portrait of these two remarkable women than has ever been revealed before. With thirty-two pages of never-before-seen photos and memorabilia from his family's private archives, Todd's book is a love letter to a sister and a mother, and a gift to countless fans who are mourning the deaths of these two unforgettable stars.

The Night Wanderer - Drew Hayden Taylor
2007

Tiffany Hunter, a young Ojibwa, struggles with growing up, as a man who calls himself Pierre L'Errant, an Ojibwa whose thirst for adventure took him to Europe, where he was turned into a vampire, becomes her family's guest.

Come Back to Me - Mila Gray 2015-12-08

In this heart-wrenching tale of love and loss, a young Marine and his best friend's sister plunge into a forbidden love affair while he's home on leave. When a Marine Chaplain knocks on her door, Jessa's heart breaks—someone she loves is dead. Killed in action, but is it Riley or Kit? Her brother or her boyfriend... Three months earlier, Marine Kit Ryan finds himself back home on leave and dangerously drawn to his best friend Riley's sister, Jessa—the one girl he can't have. Exhausted from fighting his feelings, Kit finally gives in, and Jessa isn't strong enough to resist diving headfirst into a passionate relationship. But what was just supposed to be a summer romance develops into something far greater than either of them expected. Jessa's finally found the man of her dreams and Kit's finally discovered there's someone he'd sacrifice everything for. When it's time for Kit to redeploy, neither one is ready to say goodbye. Jessa vows to wait for him and Kit promises to

come home to her. No matter what. But as Jessa stands waiting for the Marine Chaplain to break her heart, she can't help but feel that Kit has broken his promise... Riley or Kit? Kit or Riley? Her brother or her boyfriend? Who's coming home to her?

[#anote2self Meditation Journal](#) - Alexandra Elle
2015-11-28

The #aNote2Self Meditation Journal was created with self-care, healing and emotional evolution in mind. Author Alex Elle wanted to give journalers an outlet where they could not only feel safe but be open and honest with their healing process, on paper. Every day journalers will set their intentions, answer a thought-provoking question and write a daily note to self. If used in conjunction with the moon, each daily entry will sync with the lunar phases. Each lunar phase and its corresponding month are given rich meaning in the appendix section of each journal. This journal has been designed as a meditative aid, a space where the journaler can

positively embark on their journey to self-discovery.

Self-Care Sessions Workbook - Alexandra Elle
2018-08-13

This mini-workbook was created for the students who attend Alex Elle's self-care session workshops. Enclosed are journal questions and exercises that encourage students to unfold into their truth by creating a ritual through writing and self-care.

Today I Affirm - Alexandra Elle 2019-01-08
From Alex Elle, celebrated poet and author of *Neon Soul* and *Words from a Wanderer*, comes *Today I Affirm*--a journal and guide to reading and writing daily affirmations. Writing serves as a form of meditation. When we slow down and settle into ourselves, affirmations can assist us in self-awareness, introspection, and understanding. *Today I Affirm* helps walk readers through the ins and outs of cultivating positive self-talk in a way that is stress-free and easy to understand. This innovative book

includes affirmations written by the author, short bits of inspiration, charts to fill in, as well as journal pages all with the focus on self-care.
[The 5-Minute Gratitude Journal](#) - Sophia Godkin
2020-08-25

A gratitude journal for greater joy and well-being in just 5 minutes a day Happiness begins with gratitude--the feeling of appreciation for the people and experiences in our lives that have helped or supported us in some way. The 5-Minute Gratitude Journal makes it easy and enjoyable to develop a daily gratitude practice, with insightful prompts that take just 5 minutes to complete. Any day, at any time, you can engage with thought-provoking prompts, powerful quotes, and positive affirmations. You'll feel inspired to notice things, big and small, that you might otherwise take for granted, and pause to feel grateful for them. The 5-Minute Gratitude Journal helps you: Start small--Easy journaling is the perfect first step to turn gratitude from an occasional occurrence into a consistent practice.

Find the attitude of gratitude--Discover the psychological and emotional benefits of a gratitude journal, and how it can help you feel happier and more optimistic in every part of your life. 5 Minutes each day--These short gratitude journal prompts are designed so that even the busiest of people can reap the rewards of greater gratitude. A new, positive mindset is just around the corner with The 5-Minute Gratitude Journal.

Into the Wild - Jon Krakauer 2009-09-22

Krakauer's page-turning bestseller explores a famed missing person mystery while unraveling the larger riddles it holds: the profound pull of the American wilderness on our imagination; the allure of high-risk activities to young men of a certain cast of mind; the complex, charged bond between fathers and sons. "Terrifying... Eloquent... A heart-rending drama of human yearning." —New York Times In April 1992 a young man from a well-to-do family hitchhiked to Alaska and walked alone into the wilderness

north of Mt. McKinley. He had given \$25,000 in savings to charity, abandoned his car and most of his possessions, burned all the cash in his wallet, and invented a new life for himself. Four months later, his decomposed body was found by a moose hunter. How Christopher Johnson McCandless came to die is the unforgettable story of Into the Wild. Immediately after graduating from college in 1991, McCandless had roamed through the West and Southwest on a vision quest like those made by his heroes Jack London and John Muir. In the Mojave Desert he abandoned his car, stripped it of its license plates, and burned all of his cash. He would give himself a new name, Alexander Supertramp, and, unencumbered by money and belongings, he would be free to wallow in the raw, unfiltered experiences that nature presented. Craving a blank spot on the map, McCandless simply threw the maps away. Leaving behind his desperate parents and sister, he vanished into the wild. Jon Krakauer constructs a clarifying prism through

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which he reassembles the disquieting facts of McCandless's short life. Admitting an interest that borders on obsession, he searches for the clues to the drives and desires that propelled McCandless. When McCandless's innocent mistakes turn out to be irreversible and fatal, he becomes the stuff of tabloid headlines and is dismissed for his naiveté, pretensions, and hubris. He is said to have had a death wish but wanting to die is a very different thing from being compelled to look over the edge. Krakauer brings McCandless's uncompromising pilgrimage out of the shadows, and the peril, adversity, and renunciation sought by this enigmatic young man are illuminated with a rare understanding--and not an ounce of sentimentality. Mesmerizing, heartbreaking, *Into the Wild* is a tour de force. The power and luminosity of Jon Krakauer's storytelling blaze through every page.

Heart Minded - Sarah Blondin 2020-06-16
A treasury of meditations for living from your

heart—from a top teacher at the #1 online meditation service InsightTimer. In our noisy, noisy world, it can seem nearly impossible to find ways to turn off our busy minds, which so often flood us with worry and unending lists of tasks. So how do you find your way off the negativity treadmill? When you feel overwhelmed and afraid, how can you return to a place of groundedness and connection? “When we turn toward our hearts, we arrive like a bolt of lightning in the present moment, and all our arguments against ourselves and life go quiet,” teaches Sarah Blondin. “No matter where you are, no matter what you are doing, you can touch this place in yourself to feel free and alive.” With poetic brilliance and skillful instruction, this renowned teacher brings you a treasury of meditations and spiritual teachings to help you detach from your busy mind and tune into your feeling heart. As the students of her popular online trainings can attest, these simple and powerful practices can instantly

bring you into a deeper connection with yourself and others. And you can go back to these meditations whenever you feel overwhelmed, disconnected, or afraid. Read Heart Minded from front to back for a full course in living a life guided by the wise heart—or open to any page for a reminder that, beneath your burdens and troubles, you are fundamentally whole and free. This book includes links to free guided meditations on audio, presented by Sarah Blondin.

The Lee Avenue Haunting Second Edition -
Donna Parish-Bischoff 2013-04-17

Donna Parish-Bischoff is one of the Co-Founders of Indy Para, a team of Paranormal Investigators who tells of her new book's haunted tale called The Lee Avenue Haunting. Nowadays it seems everyone has a ghost story to tell, share or explore. One in particular that is a good one was written by a native New Yorker who lives in upstate, New York, with her husband. Donna Parish-Bischoff is one of the Co-Founders of Indy

Para, a team of Paranormal Investigators that we see much of today. They have been featured on two episodes of The BIO Channel's My Ghost Story for covering some investigations at Miss Fanny's Victorian Party House in Wappingers Falls, New York and the Patchett House located in Montgomery, New York. Donna talks about her own ghost story in the book called 'The Lee Avenue Haunting' as it's second edition was released April 17th of this year. In that edition the author has included some photo's and an additional chapter taking you on her journey meeting the current owner's of the home she grew up in. She took on a new editor, Christopher DiCesare, as well. He's known for his film and book 'Please Talk With Me' and later this year to be released 'Surviving Evidence.' The Lee Avenue Haunting tells of a story from 1974 when Donna and her family moved into this home that was built in the early 1900's as it was once a vacant farmland lot. Unknown to their family it was riddled with its shadow people and

secret's of the past. These dark passages entered their lives early into the move. Some would have called Donna's family insane for staying as long as they did. Donna says, "You see we did not have a choice financially. Our family was a family of means, struggling on left-over's and a prayer. Back in the 1970's some landlords gave five year leases. And we could not afford to move nor could we tell our landlord the home was running rampant with multiple entities keeping us up all night as well as punching its way into our physical universe." Donna explains that "I decided to write about our collective family experience's throughout the five years because I knew as a now paranormal investigator, being I have co-founded my own team Indy Para along with Terri Garofalo, that I could talk about it. It was my responsibility to let others know they aren't alone out there. Another reason I wanted to write the book was to honor my deceased parent's and brother. My brother and I always spoke about writing the book about

Lee Avenue. He became ill with cancer and passed way before his time in 2010. My sister illustrated the cover art work and I wrote the story for our family." Donna feels that "What once emotionally destroyed me as a child witnessing these almost demonic entities has re-built me from the inside out and has given me a re-gained faith and strength in the afterlife now as an adult." Her second book "Growing Up Paranormal," is due out Fall of 2013. It further explores the author's life as well as other live's who have submitted their experiences. Donna says that, "We all have a common thread, I hope 'Growing Up Paranormal' proves this to show how much we all have to share with each other." Over the past years many have come forward to talk about their experiences as due to the upsurge in cable television shows has prompted the high interest again since the days of In Search Of, the first real reality show on air. As with the outpouring of ghost stories so there is of books on the subject matter. However, they

are not all good and I am pleased to direct my readers and fans to Donna's. Click here to watch a video of an interview with Donna Parish-Bischoff http://youtu.be/XA_G9ugIQzw

The Rise of the Memoir - Alex Zwerdling 2017

A study of the rise of the memoir through an exploration of works by Jean-Jacques Rousseau, Edmund Gosse, Virginia Woolf, George Orwell, Vladimir Nabokov, Primo Levi, and Maxine Hong Kingston.

Counting Descent - Clint Smith 2017-01-06

Black Harvard Doctorate in Poetics launches poetry that explores modern blackness. Clint Smith's debut poetry collection, *Counting Descent*, is a coming of age story that seeks to complicate our conception of lineage and tradition. Smith explores the cognitive dissonance that results from belonging to a community that unapologetically celebrates black humanity while living in a world that often

renders blackness a caricature of fear. His poems move fluidly across personal and political histories, all the while reflecting on the social construction of our lived experiences. Smith brings the reader on a powerful journey forcing us to reflect on all that we learn growing up, and all that we seek to unlearn moving forward. - Winner, 2017 Black Caucus of the American Library Association Literary Award - Finalist, 2017 NAACP Image Awards - 2017 'One Book One New Orleans' Book Selection

High Tide - Arch Hades 2018-07-05

High Tide is a collection of Poetry about love and loss, and Postcards from the author's real-life travels, accompanied by the author's personal photography. Part 1 (Poetry) shares the bittersweet and often intense reality of complicated relationships that don't end in happily ever afters, while Part 2 (Postcards) captures the moments and reflections on life while being present in foreign lands.