

# Handbook Of Psychotherapy In Cancer Care

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Meaning-Centered Psychotherapy in the Cancer Setting - William S. Breitbart 2017

Meaning-Centered-Psychotherapy in the Cancer Setting provides a theoretical context for Meaning-Centered Psychotherapy (MCP), a non-pharmacologic intervention which has been shown to enhance meaning and spiritual well-being, increase hope, improve quality of life, and significantly decrease depression, anxiety, desire for hastened death, and symptom burden distress in the cancer setting. Based on the work of Viktor Frankl and his concept of logotherapy, MCP is an innovative intervention for clinicians practicing in fields of Psycho-oncology, Palliative Care, bereavement, and cancer survivorship. This volume supplements two treatment manuals, Meaning-Centered Group Psychotherapy (MCGP) for Patients with Advanced Cancer and Individual Meaning-Centered Psychotherapy (IMCP) for Patients with Advanced Cancer by Dr. Breitbart, which offer a step-wise outline to conducting a specific set of therapy sessions. In addition to providing a theoretical background on the MCP techniques provided in the treatment manuals, this volume contains chapters on adapting MCP for different cancer-related populations and for different purposes and clinical problems including: interventions for cancer survivors, caregivers of cancer patients, adolescents and young adults with cancer, as a bereavement intervention, and cultural and linguistic applications in languages such as Mandarin, Spanish, and Hebrew.

**Dignity Therapy** - Harvey Max Chochinov 2012-01-04

Maintaining dignity for patients approaching death is a core principle of palliative care. Dignity therapy, a psychological intervention developed by Dr. Harvey Max Chochinov and his internationally lauded research group, has been designed specifically to address many of the psychological, existential, and spiritual challenges that patients and their families face as they grapple with the reality of life drawing to a close. In the first book to lay out the blueprint for this unique and meaningful intervention, Chochinov addresses one of the most important dimensions of being human. Being alive means being vulnerable and mortal; he argues that dignity therapy offers a way to preserve meaning and hope for patients approaching death. With history and foundations of dignity in care, and step by step guidance for readers interested in implementing the program, this volume illuminates how dignity therapy can change end-of-life experience for those about to die - and for those who will grieve their passing.

**Living Your Life with Cancer through Acceptance and Commitment Therapy** - Anne Johnson 2021-06-22

This valuable self-help book for people affected by cancer, their loved ones and friends focuses on self-care when life hurts. It explores the impact of cancer and explains why the usual ways of coping may leave people stuck. The first book of its kind to focus on the scientifically based Acceptance and Commitment Therapy (ACT) approach, it helps people to find ways to cope with painful thoughts and feelings, and to rebuild a meaningful life despite the cancer. With an emphasis on value-based living the book illustrates skills such as mindfulness and the development of acceptance to help people affected by cancer to participate in a fuller life and gain a greater sense of well-being. It combines evidence-based practice with the experiences of people who are living with cancer in the form of numerous quotations throughout, as well as paper and pencil 'thought' exercises. Living Your Life with Cancer through Acceptance and Commitment Therapy helps people affected by cancer to feel more able to sit with the uncertainty of their future, show themselves kindness and compassion and to learn to be true to themselves, no matter what the cancer throws at them. It is also important reading for psychological therapists working in oncology.

**Psycho-Oncology** - William Breitbart 2021-01-22

Originally published in 1998, Psycho-Oncology was the first comprehensive text in the field and remains the gold standard today. Previously led by Dr. Jimmie C. Holland, the founder of the field, this new edition is edited by a team of internationally renowned experts in psycho-oncology. The text reflects the interdisciplinary nature and global reach of this growing field. It covers evidence-based clinical practice guidelines from around the world, survivorship issues, psychotherapeutic interventions, and psychopharmacologic interventions. Thoroughly updated and developed in collaboration with the American Psychosocial Oncology Society and the international Psycho-oncology Society, the fourth edition is a current, comprehensive reference for psychiatrists, psychologists, oncologists, hospice workers, and social workers seeking to understand and manage the psychological issues involved in the care of persons with cancer and the psychological, social, and behavioral factors that contribute to cancer risk and survival.

**Clinical Manual of Supportive Psychotherapy, Second Edition** -

Peter N. Novalis, M.D., Ph.D. 2019-09-27

The basis for supportive psychotherapy -- The supportive relationship -- Principles of supportive technique : explanatory techniques -- Principles of supportive technique : directive interventions -- Managing the therapy -- schizophrenia and hallucinations -- Mood disorders -- Anxiety disorders -- Co-occurring disorders -- Personality disorders -- Crisis management and suicidality -- The medically ill patient -- The older patient -- Special populations -- community and family involvement -- Medication adherence and therapy interactions -- Ethical and cultural awareness in supportive psychotherapy.

*Art Therapy And Cancer Care* - Waller, Diane 2005-07-01

Inspired by the experiences of art therapists who have pioneered work with people with cancer, this text looks at the work in its institutional context, demonstrating the importance for the art therapy service of being understood, supported and valued at managerial level.

**Counseling Women with Breast Cancer** - Merle A. Keitel 2000-07-18

This comprehensive guide for mental health practitioners and medical professionals addresses the delicate issues surrounding breast cancer and the processes involved in emotional coping and healing. Unlike other works, this volume takes a practice-oriented approach, offering readers a review of the medical, psychological and social aspects of breast cancer. Using case studies that depict women from diverse backgrounds, this text focuses on current research, interventions, psychological assessment, and addresses the concerns of women. Students and practitioners alike will appreciate this engagingly written and informative book.

**Meeting Psychosocial Needs of Women with Breast Cancer** -

National Research Council 2004-04-12

In Meeting Psychosocial Needs of Women with Breast Cancer, the National Cancer Policy Board of the Institute of Medicine examines the psychosocial consequences of the cancer experience. The book focuses specifically on breast cancer in women because this group has the largest survivor population (over 2 million) and this disease is the most extensively studied cancer from the standpoint of psychosocial effects. The book characterizes the psychosocial consequences of a diagnosis of breast cancer, describes psychosocial services and how they are delivered, and evaluates their effectiveness. It assesses the status of professional education and training and applied clinical and health services research and proposes policies to improve the quality of care and quality of life for women with breast cancer and their families. Because cancer of the breast is likely a good model for cancer at other sites, recommendations for this cancer should be applicable to the

psychosocial care provided generally to individuals with cancer. For breast cancer, and indeed probably for any cancer, the report finds that psychosocial services can provide significant benefits in quality of life and success in coping with serious and life-threatening disease for patients and their families.

**Surviving the Storm** - Cheryl Krauter 2017

Surviving the Storm presents a humanistic psychological perspective on how to support cancer survivors by offering an individualized narrative structure designed to help them tell their stories. This is a book for people who need to tell the story of how they've been touched by cancer. It doesn't tell what to eat, or how much to exercise, or what to think and feel. Instead, it introduces a contemplative perspective and gives readers a pragmatic structure to help them tell their unique story of surviving or living with cancer. It helps them discover their authentic voice, giving them a way to speak in their own words. Workbook sections are the core of this book and offer a narrative structure created for patients, partners, families, and friends with an emphasis on the different needs and questions of each group. This book focuses on the whole person, their potential, and their natural drive toward authenticity. A contemplative perspective emphasizes shared human needs such as love, belonging, and personal meaning, and expands beyond the learning-based behavioral and psychosocial resources that are currently available to cancer patients and their families. The book provides options that differ from the support group and medical models of treatment, opening up an alternative to the mode of managing or tolerating the issues of cancer into the realm of awareness, exploration, acceptance, and transformation. While it is tempting to find solutions and try to there is much to be gained from learning how to live with uncertainty and from delving more deeply into the emotional residue of cancer. Included are definitions of the different phases of cancer survivorship, material that gives survivors a viewpoint that normalizes the challenges they face, and current research and literature. Personal stories of cancer survivors are highlighted, and poetry and writings related to cancer are interspersed throughout the book to make it more personal.

Comprehensive Handbook of Childhood Cancer and Sickle Cell Disease - Ronald T. Brown 2006-04-06

Represents multidisciplinary and international efforts and a combination of research and service. Containing information for patients and families, this volume will be useful to the psychologists, psychiatrists, oncologists, nurses, and social workers who help children and their families through the treatment, recovery and grieving process.

**Counselling People with Cancer** - Mary Burton 1998-03-06

Counselling People with Cancer Mary Burton and Maggie Watson  
Counselling People with Cancer is a practical 'how to' book written by two eminent psychologists with many years of hands-on experience in helping patients and their families face, and overcome, the many psychological problems associated with cancer. The book is intended primarily for health care professionals in regular contact with cancer patients and whose work involves a counselling element. It will also be of interest to carers in a broader sense who ask themselves, 'How can I help with the emotional side of dealing with cancer?' The book explains in clear and practical terms what to look and listen for and how to respond to the psychological needs of cancer patients and their families at different stages of the disease from the 'bad news' interview to coping with the disease and its treatment, facing common communication problems, and dealing with family issues and sexual problems. A comprehensive survey of counselling is presented with discussion of the three mainstream models of counselling - psychodynamic, humanistic and cognitive-behavioural. The final chapter deals with professional issues and offers practical suggestions for setting up a counselling service. Psychologists, psychotherapists, oncologists and nurses will find this book an indispensable guide for helping patients and their families to cope with the difficult experience of cancer.

*Psychosocial Care of the Adult Cancer Patient* - Donald R. Nicholas 2015-08-04

Increasing efficacy of biomedical treatments for cancer means that more and more people are living longer with the disease. The five-year relative survival rate for all cancers has increased considerably in the last three decades, with some survivors living for many years and thus facing increasingly complex psychosocial issues. As a result, the mental health subspecialty of psycho-oncology is growing and is responding to the many calls for increased availability of psychological services for cancer patients. Psychosocial Care of the Adult Cancer Patient introduces psychologists and other mental health professionals to the field of psycho-oncology, educates them about evidence-based interventions for

individuals, groups, couples, and families, and describes how to successfully collaborate with oncologists and other cancer care professionals. Introductory in nature and providing ready access to a range of evidence-based interventions, this book briefs the reader on the field of psycho-oncology and the basics of cancer, explains screening and assessment for psychosocial distress, details the principles of evidence-based interventions, and concludes with case examples that illustrate the evidence-based practice competencies-ask, access, appraise, translate, integrate, and evaluate. In a unique writing style, the case examples reveal the decision-making process of an experienced clinician doing evidence-based practice. Practical strategies for addressing the psychological needs of cancer patients and their families are offered in an easy-to-use, quick reference format. Key points are highlighted and enhanced through the use of tables and figures designed to summarize and emphasize important information. This book will be of value to clinical and counseling psychologists and other mental health professionals, as well as graduate students in psychology, social work, mental health counseling, oncology nursing, and other cancer care professions.

**Geriatric Psycho-Oncology** - Jimmie C. Holland 2015-02-03

Geriatric Psycho-Oncology is a comprehensive handbook that provides best practice models for the management of psychological, cognitive, and social outcomes of older adults living with cancer and their families. Chapters cover a wide range of topics including screening tools and interventions, psychiatric emergencies and disorders, physical symptom management, communication issues, and issues specific to common cancer sites. A resource section is appended to provide information on national services and programs. This book features contributions from experts designed to help clinicians review, anticipate and respond to emotional issues that often arise in the context of treating older cancer patients. Numerous cross-references and succinct tables and figures make this concise reference easy to use. Geriatric Psycho-Oncology is an ideal resource for helping oncologists and nurses recognize when it may be best to refer patients to their mental health colleagues and for those who are establishing or adding psychosocial components to existing clinics.

**Group Therapy For Cancer Patients: A Research-based Handbook Of Psychosocial Care** - David Spiegel 2000-01-07

This extraordinary resource celebrates and expands on Dr. David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings. Spiegel and Classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises. The result is a model for helping that actually helps.

**Geriatric Psycho-Oncology** - Jimmie C. Holland 2015-02-11

Geriatric Psycho-Oncology is a comprehensive handbook that provides best practice models for the management of psychological, cognitive, and social outcomes of older adults living with cancer and their families. Chapters cover a wide range of topics including screening tools and interventions, psychiatric emergencies and disorders, physical symptom management, communication issues, and issues specific to common cancer sites. A resource section is appended to provide information on national services and programs. This book features contributions from experts designed to help clinicians review, anticipate and respond to emotional issues that often arise in the context of treating older cancer patients. Numerous cross-references and succinct tables and figures make this concise reference easy to use. Geriatric Psycho-Oncology is an ideal resource for helping oncologists and nurses recognize when it may be best to refer patients to their mental health colleagues and for those who are establishing or adding psychosocial components to existing clinics.

**Handbook of Psychooncology** - Jimmie C. Holland 1989

**The Handbook of Stress and Health** - Cary L. Cooper 2017-02-07

A comprehensive work that brings together and explores state-of-the-art research on the link between stress and health outcomes. Offers the most authoritative resource available, discussing a range of stress theories as well as theories on preventative stress management and how to enhance well-being. Timely given that stress is linked to seven of the ten leading causes of death in developed nations, yet paradoxically successful adaptation to stress can enable individuals to flourish. Contributors are an international panel of authoritative researchers and practitioners in the various specialty subjects addressed within the work *Group Therapy For Cancer Patients: A Research-based Handbook Of*

*Psychosocial Care* - David Spiegel 2008-08-01

This extraordinary resource celebrates and expands on Dr. David Spiegel's discovery that a shared intimacy with mortality creates very different concerns in the patient from those that apply in conventional settings. Spiegel and Classen introduce mental health professionals to the awareness as well as the tools they will need to facilitate groups coping with existential crises. The result is a model for helping that actually helps.

*Psycho-Oncology* - William Breitbart 2021

"Psycho-oncology, 4th Edition is solemnly dedicated to Professor Jimmie C. Holland, M.D., internationally recognized as the founder of the field of Psycho-oncology. Dr. Holland, who was affectionately known by her first name "Jimmie", had a profound global influence on the fields of Psycho-oncology, Oncology, Supportive Care, Psychiatry, Behavioral Medicine and Psychosomatic Medicine. At the time of her passing, Dr. Holland was the Attending Psychiatrist and Wayne E. Chapman Chair at Memorial Sloan-Kettering Cancer Center (MSK) and Professor of Psychiatry, Weill Medical College of Cornell University in New York"--

**Handbook of Psychology, Health Psychology** - Arthur M. Nezu 2003-01-07

Includes established theories and cutting-edge developments. Presents the work of an international group of experts. Presents the nature, origin, implications, an future course of major unresolved issues in the area.

**Textbook of Palliative Medicine and Supportive Care** - Eduardo Bruera 2015-01-15

"the thoroughness of the text has to be admired. It is an excellent starting point for students of palliative care which makes an important contribution to any library."-British Journal of Hospital Medicine" covers a plethora of topics ranging from the development of palliative medicine in different countries to clinical topics and bioethics an

**Cancer and Cancer Care** - Debbie Wyatt 2015-04-17

'This book creates new ground for all health professionals working in cancer care to read, enjoy, look at and question their practice.' Caroline Adcock, Clinical Practice Educator - Haematology and Oncology, Royal Shrewsbury Hospital Cancer and Cancer Care is a complete study of cancer, the care of people with the disease and its impact on everyday life. Addressing the physical and psychosocial aspects of the illness in detail, it covers all fundamental aspects of cancer diagnosis, treatment, survival and aspects of psychosocial support for all those affected by cancer: patients, their families, and their healthcare providers. Chapters include: - A review of the latest theory and evidence on over 30 separate topic areas - Reflective questions which challenge readers to reappraise what they have learned - Chapter overviews and chapter summaries which highlight the key points The book is essential reading for all those on cancer care courses at undergraduate and postgraduate level. It will be valuable reading for nurses, oncologists, psychologists, social workers and all healthcare practitioners and researchers working with people affected by cancer.

**Managing Cancer and Living Meaningfully** - Gary Rodin 2021-04-27  
Managing Cancer and Living Meaningfully provides valuable insight into the experience of patients and families living with advanced cancer and describes a novel psychotherapeutic approach to help them live meaningfully, while also facing the threat of mortality. Managing Cancer and Living Meaningfully, also known by the acronym CALM, is a brief supportive-expressive intervention that can be delivered by a wide range of trained healthcare providers as part of cancer care or early palliative care. The authors provide an overview of the clinical experience and research that led to the development of CALM, a clear description of the intervention, and a manualized guide to aid in its delivery. Situated in the context of early palliative care, this text is destined to become essential reading for healthcare professionals engaged in providing psychological support to patients and their families who face the practical and profound problems of advanced disease.

*Psycho-Oncology* - Jimmie C. Holland 2015-04-02

Originally published by Oxford in 1998, Psycho-Oncology was the first comprehensive text in the field and remains the gold standard today. Edited by a team of leading experts in psycho-oncology, spearheaded by Dr. Jimmie C. Holland, the founder of the field, the text reflects the interdisciplinary nature and global reach of this growing field. Thoroughly updated and developed in collaboration with the American Psychosocial Society and the International Psycho-oncology Society, the third edition is a current, comprehensive reference for psychiatrists, psychologists, oncologists, hospice workers, and social workers seeking to understand and manage the psychological issues involved in the care

of persons with cancer and the psychological, social, and behavioral factors that contribute to cancer risk and survival. New to this edition are chapters on gender-based and geriatric issues and expanded coverage of underserved populations, community based programs, and caregiver training and education.

**Handbook of Psychotherapy in Cancer Care** - Maggie Watson 2011-05-03

This new book by international experts in psycho-oncology has arisen from the teaching academies offered by the International Psycho-oncology Society. It distills the wisdom and experience from the training manuals dedicated to individual psychological therapies and combines them into an accessible handbook for clinicians in cancer care today. The editors have brought together leading researchers and therapists, who provide accounts of the prominent models of psychotherapy currently being used in cancer care, the key themes they address and the essential techniques needed to apply each approach successfully. Helpful clinical illustrations are woven throughout the book to make overt the strategies found in each model. Provides practical guidance about how to deliver a range of individual, group, couple and family interventions that have proven utility in cancer care. Describes comprehensively each model of psychotherapy as taught by experts delivering the International Psycho-Oncology Society's Educational Academy on cancer care for patients and their families. Features practical suggestions on therapy delivery from the world's leading proponents of each therapy. Serves as a valuable tool to assist teaching and to facilitate research into psychological interventions in oncology, palliative care and bereavement. Functions as a readily accessible resource for clinicians struggling to support someone effectively, through its provision of insight into the common challenges and traps that arise when providing patients with emotional support. This practical handbook will help not only psychiatrists, psychologists and social workers but also physicians, surgeons, general practitioners and nurses interested in better understanding and supporting the patients and families they care for.

**THE INTERNATIONAL JOURNAL OF INDIAN PSYCHOLOGY, Volume 8, No. 4, Part 3** - Dr. Suresh Makvana 2021-01-01

**A Breast Cancer Guide For Spouses, Partners, Friends, and Family** - Stephen N. Haynes 2021-12-29

This practical, science-based book focuses on helping partners, family, and friends understand breast cancer. It guides them in how to provide the best emotional and practical support when helping someone with breast cancer to cope, recover, and thrive, while maintaining their own physical and psychological health. The authors translate psychological evidence into concrete, practical advice for caregivers, validated through their first-hand experience. It also suggests ways to help someone with breast cancer make the best decisions in consultation with oncology professionals. The authors draw on well-established psychological principles relevant to social attitudes, how decisions are made, good communication skills, empathy, and how to better understand the ideas and worries experienced by women who have, or may have, breast cancer and those close to them. Each chapter includes 'How you can Help' sections that give specific and concrete suggestions, as well as a chapter summary of the main points along with recommendations and additional resources. It is essential reading for all those who want to help and support a loved one with breast cancer. It is also useful for training healthcare professionals in how to support partners.

**Cancer Care for the Whole Patient** - Institute of Medicine 2008-03-19  
Cancer care today often provides state-of-the-science biomedical treatment, but fails to address the psychological and social (psychosocial) problems associated with the illness. This failure can compromise the effectiveness of health care and thereby adversely affect the health of cancer patients. Psychological and social problems created or exacerbated by cancer--including depression and other emotional problems; lack of information or skills needed to manage the illness; lack of transportation or other resources; and disruptions in work, school, and family life--cause additional suffering, weaken adherence to prescribed treatments, and threaten patients' return to health. Today, it is not possible to deliver high-quality cancer care without using existing approaches, tools, and resources to address patients' psychosocial health needs. All patients with cancer and their families should expect and receive cancer care that ensures the provision of appropriate psychosocial health services. Cancer Care for the Whole Patient recommends actions that oncology providers, health policy makers, educators, health insurers, health planners, researchers and research sponsors, and consumer advocates should undertake to ensure that this

standard is met.

**Oxford Textbook of Palliative Medicine** - Nathan Cherny 2015-04-30

The definitive Oxford Textbook of Palliative Medicine, now in its fifth edition, has again been thoroughly updated to offer a truly global perspective in this field of extraordinary talent and thoughtfulness. Updated to include new sections devoted to assessment tools, care of patients with cancer, and the management of issues in the very young and the very old, this leading textbook covers all the new and emerging topics since its original publication in 1993. In addition, the multi-disciplinary nature of palliative care is emphasized throughout the book, covering areas from ethical and communication issues, the treatment of symptoms and the management of pain. This fifth edition of the Oxford Textbook of Palliative Medicine is dedicated to the memory of Professor Geoffrey Hanks, pioneer in the field of palliative medicine, and co-editor of the previous four editions. Winner in the Medicine category of the British Medical Association Book Awards, this is a truly comprehensive text, no hospital, hospice, palliative care service, or medical library should be without this essential source of information.

**Meaning-centered Group Psychotherapy for Patients with Advanced Cancer** - William S. Breitbart 2014

Meaning-Centered Psychotherapy (MCP) for advanced cancer patients is a highly effective intervention for advanced cancer patients, developed and tested in randomized controlled trials by Breitbart and colleagues at Memorial Sloan-Kettering Cancer Center. This treatment manual for group therapy provides clinicians in the oncology and palliative care settings a highly effective, brief, structured intervention shown to be effective in helping patients sustain meaning, hope and quality of life.

**Handbook of Counseling Women** - Mary Kopala 2003-07-11

The Handbook of Counseling Women addresses current theories, research, and issues relevant to the mental and physical well-being of women. Edited by Mary Kopala and Merle A. Keitel, this comprehensive volume is divided into three parts. Part One focuses on theoretical, sociocultural, biological, and developmental considerations. Part Two is devoted to assessment, diagnosis, and intervention. Part Three covers supervision, research, and ethics. Most chapters include case studies, recommendations for further reading, and resources for clients. Essential reading for psychologists, social workers, counselors, and psychiatric nurses, this handbook will also appeal to graduate and undergraduate students in counseling, clinical psychology, and clinical social work courses.

**Clinical Psycho-Oncology** - Luigi Grassi 2012-05-18

This international primer on psycho-oncology spans settings of care as well as regional boundaries. Designed to be easy to read, with information clearly displayed in concise tables and boxes accompanied by clinical vignettes, the book provides clear, practical guidance on all aspects of the psychological care of patients with cancer. Both trainees and practitioners will find it useful in the clinic as well as a resource for continued professional development.

**Handbook of Group Counseling and Psychotherapy** - Janice L. DeLucia-Waack 2013-12-02

The most comprehensive and thoroughly researched text available on this topic, Handbook of Group Counseling and Psychotherapy, Second Edition underscores the notion that group work is improved through increased collaboration between researchers and practitioners. Edited by renowned leaders in the field, this thoroughly updated and revised Second Edition explores current literature and research and offers suggestions for practice in psycho-educational, counseling, and therapy groups. The Handbook is divided into five main sections: current and historical perspectives, best practices, multicultural and diverse groups, groups in special settings, and an introduction to special topics.

**Psycho-Oncology for the Clinician** - Shulamith Kreitler 2019-03-18

This volume strives to give oncologists and other medical practitioners a thorough picture of the oncology patient. It's designed to show that psychological needs of the patient are an important aspect that should be considered for optimizing the effects of cancer treatment, no less than genetic, immunological, physiological and other medical features that are often considered as necessary components of personalized medicine. Using evidence-based information, the book describes the different ways cancer touches upon a person's life, including emotional, physical, and social changes, important decisions, and support structure. It also details the phases every cancer patient encounters along the way, from getting tested and waiting for the diagnosis, to treatments, survival, and confronting one's mortality. Psycho-oncology for the Clinician will serve to contribute to the further scientific development of psycho-oncology, expand its use as a treatment modality, strengthen its status as an

essential component of cancer care, and promote the acceptance of psycho-oncology as the new evidence-based constituent of personalized medicine in oncology.

**Handbook of Oncology Social Work** - Grace Christ 2015-01-28

The development of this inaugural Handbook of Oncology Social Work: Psychosocial Care for People With Cancer provides a repository of the scope of oncology social workers' clinical practice, education, research, policy and program leadership in the psychosocial care of people with cancer and their families. It focuses on the unique synergy of social work perspectives, values, knowledge, and skills with the psychosocial needs of cancer patients, their families, and the health care systems in which they are treated. It addresses both the science and art of psychosocial care and identifies the increasing specialization of oncology social work related to its unique knowledge base, skills, role, and the progressive complexity of psychosocial challenges for patients with cancer. This Handbook equips the reader with all that we know today in oncology social work about patient and family centered care, distress screening, genetics, survivorship, care coordination, sociocultural and economic diversity, legal and ethical matters, clinical work with adults living with cancer, cancer across the lifespan, their caregivers and families, pediatrics, loss and grief, professional career development, leadership, and innovation. Our hope is that in reading this Handbook you will identify new areas where each of you can leave your mark as innovators and change agents in our evolving field of practice.

**Alternatives in Cancer Therapy** - Ross Pelton 2009-09-29

Alternatives in Cancer Therapy offers help for all patients coping with cancer. The therapies discussed in this book are primarily non-toxic, have few, if any, side effects, and tend to strengthen the immune system. They can be used as supplemental regimens that help maximize the effectiveness of traditional therapies such as surgery, radiation, and chemotherapy. Patients have a right to know all of their treatment options, and Dr. Ross Pelton presents dozens of choices, including: \* Shark Cartilage \* Gerson Therapy \* Mistletoe \* Isoprinosine \* Laetrile \* Selenium \* Beta-Carotene \* Hydrogen Peroxide \* Vitamins C and E \* The Hoxsey Treatment Non-traditional therapies can enhance the quality of life, and improve overall health while treating the disease. Alternatives in Cancer Therapy provides information on the research, efficacy, potential side effects, and availability of each treatment.

**Cancer and the Family Life Cycle** - Theresa A. Veach 2013-05-13

This book uses current psychosocial literature in combination with empirical research and clinical accounts of family adaptation to help professionals and families cope with the impact of cancer. It is broad in scope and includes families in any life cycle (i.e. single adults, children, adolescents, and later life). This book, with its solid theoretical foundation, will be especially beneficial to any professional who is helping a family to adapt to cancer.

**Handbook of Quality of Life in Cancer** - Angelos P. Kassianos 2022-03-25

Quality of life is an important outcome when treating a cancer patient. Research is vast on the role of quality of life on patients' general wellbeing, responsiveness to treatment, and even mortality. On the other hand, there are several methodological considerations when planning to measure and assess quality of life in cancer patients. This handbook - with authorship that is diverse in terms of perspectives, countries, and fields - aims to fill a gap in the available literature and responds to a number of questions in its 26 chapters: What is quality of life and health-related quality of life and why are they important? How is quality of life assessed? What are the theoretical and methodological considerations when using quality of life outcomes in cancer research? How is quality of life useful in routine clinical care? How is quality of life impacting different cancer populations in terms of site of the cancer, age, gender, and context? Handbook of Quality of Life in Cancer is a learning and consulting tool that can be used by a diverse audience. It is an essential resource for researchers who wish to use quality of life assessment tools in clinical trials or other types of studies; clinicians who want to develop their understanding of how they can utilize quality of life and how it is important for the patients they care for; and commissioners who wish to see why quality of life may impact population health and health system costs. Students in diverse fields of study (medicine, nursing, psychology, social work, medical sociology, population health, epidemiology, and medical statistics, among others) also would benefit from using the handbook for their studies and for their continuing professional development.

**Handbook of Communication in Oncology and Palliative Care** - David Kissane 2011-03-31

This comprehensive text provides clinicians with practical and evidence-based guidelines to achieve effective, patient-centered communication in the areas of cancer and palliative care. Written by an outstanding panel of international experts, it integrates empirical findings with clinical wisdom, draws on historical approaches and presents a state-of-the-art curriculum for applied communication skills training for the specialist oncologist, surgeon, nurse and other multi-disciplinary team members involved in cancer care today. In this book communication is broken down into key modules that cover the life-cycle of cancer care. They include coverage of diagnosis and treatment including clinical trials, empathic support in response to distress, transition to survivorship or palliative therapies, discussion of prognosis, conduct of family meetings, and care of the dying. Complementary training of patients in their communication with the doctor completes the interactive dyad. The art of teaching, impact of gender and power in the consultation and the ethical context are carefully considered. Special communication challenges include discussion of genetic risk, rehabilitative and salvage surgery, promotion of treatment adherence, unanticipated adverse outcomes, intercultural issues, fertility and sexuality. The value of decision aides, question prompt lists, audio-recording of consultations and use of the internet is illustrated. By looking across the full spectrum of disciplines involved in the multidisciplinary team, discipline-specific issues are

considered by experts in each field. In this manner, the needs of patients and their relatives are evaluated, including paediatric and geriatric populations. To achieve all of this, theoretical models are examined from the medical school to the highly specialized practice, facilitation training and actor training are made explicit, and international approaches to communication skills training are compared and contrasted. Finally, research tools that assist in coding cancer consultations, evaluating training courses, and employing mixed methods in studies aid the reader in providing clear and sensitive communication when handling challenging situations whilst treating cancer sufferers and palliative care patients.

**Cancer As a Turning Point** - Lawrence LeShan 1994-08-01

Psychotherapist Lawrence LeShan has worked with cancer patients for more than thirty-five years and his research has led people with cancer to find new, effective ways to fight for their lives. He has put his findings--full of meaning and purpose--into this revised edition that shows how psychological change, along with medical treatment, mobilizes a compromised immune system for healing. Included is a life-transforming workbook of hands-on exercises designed to help readers evaluate their inner selves and teach them how to get the most out of their immune systems by leading fuller, richer lives.